

Jeff T. Medina

OBJECTIVES

To continue my coaching experience at a high level of competition, while building a program that instills positive attributes to the players and organization.

BASKETBALL COACHING HISTORY

Advantage Sports

Feb. 2005 - Present...

Assisted in teaching boys Junior High camp that was in preparation for their upcoming season. The camp focused on overall conditioning and also core basketball skill development. Shortly after, we began conducting our group training sessions, where we eventually broke out to our own brand (Advantage Sports). Up to this point, we were running under the Competitive Edge organization.

The training sessions are structured to focus on core skill groups and actual game situation development. Each participant is evaluated and placed in an appropriate class that will challenge them without overwhelming them.

Responsibilities include instruction, positive correction and encouragement of fundamental skill development relevant to the age, grade and ability of the individual student athlete.

Amateur Athletic Union – Boys 5th – 8th grade (AAU)

Oct. 1996-Sept. 2005

Served as head coach for several boys' AAU teams from 5th grade through 8th grade, teaching multiple offensive/defensive schemes employed at the collegiate and high school level. At first the methods were confusing to the young men, however they remained persistent in their pursuit of excellence. One team in particular went on a five game winning streak, beating several teams that were physically bigger and in some cases a full grade older than our young men. Some players were surprised, and questioned me about how we accomplished this milestone. I informed the team that until the level of expectation is elevated and you **expect** positive results from yourself and your teammates the end result is very difficult to transform. Several former players continue to play locally at the high school varsity, junior varsity, and junior high school levels.

City of Puyallup Select Basketball League – Boys 5th – 7th grade

Nov. 2002- Feb. 2004

Planned practices, player/game rotation and evaluation of individual players. Responsible for teaching all aspects of the game – fundamental skills, offensive/defensive philosophies, game situations, and special situations. Several players asked me if I would coach again, which I believe is one of the biggest compliments a coach can receive from a team or player. This was an inspiring coaching experience where I incorporated the same offensive and defensive sets used on the AAU teams in order to provide program uniformity. Often, our teams finished in the top three spots of league play. Attended several coaching clinics during this period of time expanding my knowledge of the game.

Maple Valley Basketball League – Boys 5th grade – 7th grade

Oct. 1996-Mar.1998

Served as head coach, scheduled gym time, planned practices and set up age appropriate drills for the players. Communicated my expectations for the team, what their expectations should be, and how their skill development is pivotal in participating at the next level of competition. Ran clinics and served as referee during league play. All teams finished in the top three places of league competition.

Youth Basketball League, Colchester, Vermont

Jan. 1995- Apr. 1996

Boys & Girls 11 & U

Worked closely with other coaches, parents, and league officials to foster a love for the game and develop fundamental skills at a very low level. Included planning a mission statement for the league. This experience forced me to exercise patience with younger players and breakdown the drill to the smallest component and explain *why* the player must complete the drill as taught.